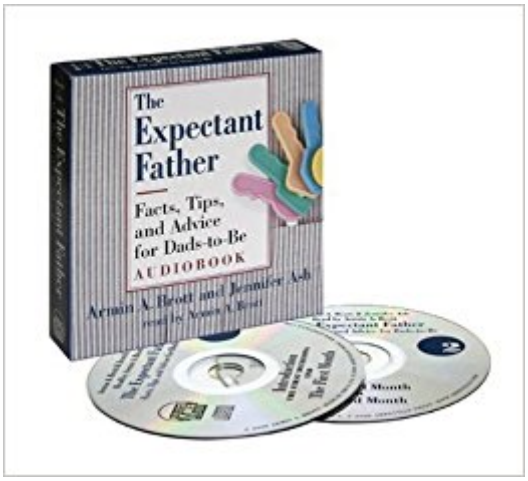
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The Expectant Father Audiobook: Facts, Tips, And Advice For Dads-to-be (New Father Series)



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Synopsis

Featuring the latest research on many topics, from the reasons for premature birth to nutritional supplements, this new edition has an updated finance section, advice for expectant adoptive fathers, information for fathers expecting twins and other multiples and the resources section has been expanded.

Book Information

Series: New Father Series

Audio CD

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Customer Reviews

In an expanded and updated version of Brott’s 1995 book, the authors once again present a month-by-month guide to pregnancy for the father-to-be. Illustrated throughout with humorous cartoons, the book divides each month of pregnancy into four astute categories: "What She’s Going Through" (physical and emotion changes), "What’s Going On with the Baby" (physical progress), "What You’re Going Through" (physical and emotional changes) and "Staying Involved" (tips on supporting and encouraging the pregnant partner). Since most child-rearing books for men focus primarily on the emotional challenges, it’s both refreshing and helpful that these authors include practical advice: recipes, detailed insights into the Family and Medical Leave Act of 1993 and realistic appraisals of the often very high costs of baby furnishings. Most valuable are the sections on the aspects of birth that make many men squeamish (episiotomies, epidurals and cesarean sections) as well as the post-delivery traumas that they tend to avoid facing (finding childcare, dealing with late-night wake-ups, dressing young children and sex after pregnancy). This is an essential book for all expectant fathers. (June)Forecast: Brott, a father of two, who has been called

"the superdad’s superdad" by Time magazine, has written five books on fatherhood and hosts Positive Parenting, a national radio talk show. Considering the increasing number of fathers who want to be actively involved in parenting, this book, with its Father’s Day release, should do at least as well as the original, which was a bestseller.Copyright 2001 Cahners Business Information, Inc.
--This text refers to an out of print or unavailable edition of this title.

Armin A. Brott, author of The New Father, Fathering Your Toddler, Fathering Your School-Age Child, The Single Father, and Father for Life: A Journey of Joy, Challenge, and Change, as well as the audiobook of The New Father, has written on fatherhood for such leading publications as The New York Times Magazine, Newsweek, and Parenting. Host of "Positive Parenting," a weekly talk show, he lives with his family in Oakland, California.

Maybe we just had the wrong idea of what we were looking for, but neither my husband nor I enjoyed this book or felt it was valuable. A lot of what the guy offers assumes that the father reading is emotionally detached from the pregnancy, or is over-concerned with the financial side of things, etc etc. If that’s your baby dad, maybe you’ll find this book more helpful??My husband gave up a little over halfway through just because he didn’t feel like it matched his experience at all and really annoyed him. I read a little more of it just for a perspective not written to the mother, and was similarly unimpressed.

My husband is in the process of reading this, and all it keeps telling him is how worthless he is for getting me pregnant, and how he really needs to clean up his act now he’s going to be a Dad. I guess this would be helpful if you thought you husband/boyfriend/spouse/significant-other needed to get his butt in gear about being a parent... but overall I feel terrible for purchasing this for my husband! At least we can laugh at how ridiculous the first few chapters have been. To be fair though, I almost feel like giving my husband a copy of ’what to expect when expecting’ would have been better than this book. Only giving this two stars in the hopes that it will get better. If not, definitely one star.

This is about a wealthy family where the dad is a writer, which is to say he stays at home, and a mother who works part time. Not exactly relatable for most people. And while I could handle a lot of the goofy advice this book provides, they lost me at the whole "save the placenta to use as fertilizer for a tree in your yard that you can name after your kid" story. Literally, they dug a hole in their yard,

and they and their friends all threw a bunch of placentas in there (they keep them in the freezer so they don’t go rotten in the mean time), and then planted a tree over them... At that point I longed for a way to erase that from my memory.

Good quality material, laid out month by month in a logical manner. Some of the content was kind of obvious, but others was very helpful. The pieces I liked the least were stupid things directed at stupid guys. The book mentioned "laundry" 12 times. About 3 of those times were talking about diapering and relevant items, but the rest were just nagging on men to "do your part" and chip in. I don’t need a book to remind me not to be a complete jerk, thanks. If you have picked up this book, I am guessing you are man enough to do the laundry every once in a while and will do so if your pregnant wife needs a hand. The other issue I had was that the Kindle version of this book(I have the paperback and the Kindle copy) has lots of white text boxes that are nearly illegible on a mobile device like an iPad. Not sure if this is something needs to correct or the publisher but it is annoying and you basically miss 15% of the content unless you want to squint.

I purchased this book when for my husband while I was pregnant with my 2nd, his 1st. At first glance, I gave it latitude, yeah it’s written by a guy that was merely a bystander in the process and was clearly clueless as to the fact that every pregnancy and childbirth is different, so his ’expertise’ was incredibly limited to his wife’s single pregnancy and childbirth, but I thought initially that it was a good thing to approach newly expectant fathers from a background of almost equally clueless as opposed to an expert in the field. That was the initial latitude given. About halfway into the book, however, Brott reveals himself to be not just ’limited expertise’ but downright idiotic. He claims that a few months after childbirth his wife will ’forget all about the pain’ she endured but that the experience will stay far longer with him, that he is really the traumatized partner in the aftermath of childbirth. He counsels other fathers to recognize this and gives self-care tips.Let me explain to clueless Brott and any other egregiously misinformed fathers: your wife/partner/girlfriend will never forget the pain of childbirth, it will never fade, and the only way you walked out of that delivery room more traumatized than her is if whilst you were in there, you had a stroke, during your stroke stepped on a nail, it was rusty, you developed gangrene, they didn’t catch it in time, they had to amputate, unfortunately it was the one side that wasn’t effected by the stroke, rendering you immobile for the rest of your days. Then you can come talk to me. Until then, do what I didn’t do and don’t waste your money on this book, and if you already did, do what I did do and throw it in the nearest dumpster.

bought this for my husband when we found out the good news! he loves it. its written for guys, and explains things and makes recommendations that he otherwise wouldn't have known about or asked about. Not the gr8est example but the only one i can think of is when he goes to the OB with you for the first time for the your pelvic exam, the OB might ask him if he wants to see your cervix, most women never get to see that part of they're anatomy and many guys (apparently) think its pretty cool... but it recommended he ask you first. which is pretty neat, i never thought about stuff like that. Its not just for guys though, i would recommended it to anyone as it brings up issues, questions, or events that you otherwise wouldn't think about. Women's books are supposed to cover everything as it is our bodies after all but i was surprised at some of the more insightful concepts it brought up. this is not a week 10 what to expect book, this is welcome to pregnancy, your going to be a dad and supportive husband so strap in book.

I bought this book as an expectant father and also bought my wife what to expect when your expecting. Let me say that I knew in purchasing her book that I would also be reading it but it took me by surprise when my wife was caught reading the expectant father and also asking me questions to cross reference topics between the two books. This book covers mostly anything a concerned expectant father is interested in knowing and surprisingly the woman in your life will be curios to see a mans perspective on pregnancy issues

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